

# The Mind Matters:

## Families Make a Difference



### A 10-session workshop for parents with children ages 3–8 providing educational resources & community support

- Learn strategies for fostering your child’s development and learning at home and in school;
- Discover cutting-edge brain research, developed at Harvard University, on children’s social, emotional, and intellectual growth;
- Participate in hands-on activities, mini-lectures, and watch videos while working in groups and receiving support from other families;
- Receive learning materials and educational activities to use at home!

#### 🕒 **5 Spring 2020 Cohorts for Mind Matters at Cambridge Public Schools:**

- **Kennedy-Longfellow** – Tuesdays 1/21-3/31, 4:00-6:00 PM (no session on 2/18)
- **Amigos** (Spanish) – Thursdays 1/30-4/16, 5:30-7:30 PM (no sessions on 2/20 or 4/9)
- **MLK** – Thursdays 1/30-4/16, 11:00 AM-1:00 PM (no sessions on 2/20 & 3/12)
- **Rindge Towers** – Wednesdays 3/4-5/13, 9:00-11:00 AM (no session on 4/22)
- **King Open** – Thursdays 3/5-5/21, 6:00-8:00 PM (no sessions 4/9 or 4/23)

*Food & childcare provided at each session.*



#### **TO REGISTER:**

Visit <https://tinyurl.com/mindmattersspring>

For more information, please contact Debbie Bonilla at 617-349-6492 or [dbonilla@cpsd.us](mailto:dbonilla@cpsd.us)

