

Rindge Avenue Upper Campus Presents SPEAKER SERIES for PARENTS

TOPIC

Destigmatizing Mental Health
Concerns in Youth

SPEAKER

Dana B. Sarvey, MD

DATE

Friday, October 25, 2019 | 6-8PM

Potluck dinner followed by the talk.

There will be some time for Q&A at the end.

LOCATION

RAUC, 70 Rindge Ave., Cambridge
Room A201 (Health Room)

BRING A DISH TO SHARE!

Here at RAUC, we are all about building and strengthening our community. Attendees are invited to bring a dish to share for a potluck dinner so we can share a meal together while also sharing some wisdom!

RSVP

If you have comments, questions, or would like to attend, please contact RAUC's Family Partnerships Coordinator Taraneh Ahmadi (tahmadi@cpsd.us).

WHAT THE TALK IS ABOUT

For unfortunate historical and cultural reasons, mental illness has persistently been stigmatized in our society. This stigma is manifested by bias, distrust, stereotyping, fear, embarrassment, anger, and/or avoidance. Addressing psychosocial and mental health concerns in schools is typically not assigned a high priority, except when a high-visibility event occurs, such as a shooting on campus, a student suicide, or an increase in bullying. Here at RAUC, we want to build on the home-school partnership and hope that having this discussion will help us be more aware and supportive of our students.

WHAT YOU'LL TAKE AWAY

- Youth differ in their presentation and ability to accurately report on their symptoms
- Youth are at increased risk of poor insight and unsafe behaviors, relative to adults
- Most psychiatric illnesses in youth are on the rise
- Understand your child, and meet them where they are at
- Behavioral and family psychotherapy remain the cornerstone of treatment

ABOUT THE SPEAKER

Dr. Sarvey is a child and adolescent psychiatrist who specializes in treating adolescents with co-occurring substance use disorders and mood and anxiety disorders. She is currently the associate medical director of the Adolescent Acute Residential Treatment (ART) Program at McLean Hospital, in Belmont.