



## Managing Screen-Time with Young Children A 2-Part Series for Cambridge Dads and Moms with Children Birth to 5 years

Dates: Thursday Jan. 30 and Feb. 6, 2020

(Snow date: 2/13)

**Time:** 6:30-8:15 p.m.

Place: Citywide Senior Center, 806 Mass Ave.



To register, contact Christine, 617-349-3003, cdoucet@cambridgema. gov.

- We live in a world filled with screens that is constantly changing. How do we help our children navigate it in a positive way? Learn concrete strategies and resources to help.
- Share your successes and challenges with other Dads & Moms.
- Limited child care available upon request. Light snacks served.