

Rindge Avenue Upper Campus Presents SPEAKER SERIES for PARENTS

TOPIC

**Resilience, Relationships
& Risky Behavior:**
What Parents Can Do to Support Their
Children's Development and Safety in 2019

SPEAKER

Justine Finn, Ed. M
Founder/Director of Relation-Shift

DATE

Friday, January 25, 2019 | 6-8PM

LOCATION

RAUC, 70 Rindge Ave., Cambridge
Room A201 (Health Room)

BRING A DISH TO SHARE!

Here at RAUC, we are all about building and strengthening our community. Attendees are invited to bring a dish to share for a potluck dinner so we can share a meal together while also sharing some wisdom!

RSVP

If you have comments, questions, or would like to attend, please contact RAUC's Family Partnerships Coordinator Taraneh Ahmadi: tahmadi@cpsd.us

WHAT THE TALK IS ABOUT

Nearly half of students in grades 7-12 reported experiencing sexual harassment in the previous year and 87% describe negative effects such as absenteeism and poor sleep. And more than ever before, socializing, exploring identity, and dating often occur between texts and social media, raising new challenges and positive opportunities. How can we as parents mentor our children to engage in healthy behaviors? How can we foster their confidence and capacity to solve problems and build their independence, while at the same time providing appropriate support and supervision as adults? **If you have a child currently in grade 6-9 AND/OR this information would be beneficial for you, we invite you to join us.** Participate in this interactive workshop and come away with new resources, skills and perspectives for you and your family.

WHAT YOU'LL TAKE AWAY

- Learn how sexual harassment, violence, and abuse show up in middle and high school
- Learn what your children are learning about sex, gender, and relationships from social and traditional media
- Discover free resources and tools to help your children foster healthy identities, relationships, and behaviors
- Gain confidence in talking with your children about tricky topics