

EVER WANTED TO TALK WITH A HEALTH CARE EXPERT WHO:

- LOOKS LIKE YOU
- KNOWS YOUR ISSUES
- CAN OFFER SOLUTIONS
TAILORED TO YOUR
COMMUNITY

Come join us in conversation in a safe and relaxed setting where you can comfortably ask questions that really matter to you.

CONVERSATIONS TAKE PLACE AT

SIMPLY ERINN'S UNISEX
HAIR SALON

268 BROOKLINE STREET, CAMBRIDGE, MA
2:00PM - 4:00PM

If you have any questions please feel free to contact us
(857) 256-0671 | CCSISTER2SISTER@gmail.com

CCSISTER2SISTER.ORG



COMMUNITY CONVERSATIONS SISTER TO SISTER: A WOMAN'S HEALTH INITIATIVE

*Explore Ways to Improve our Health & Well Being
Discussions with other Black Women
Presentations by Health Care Practitioners who are Women of Color*



JOIN OUR NEXT SESSION:



2019-20 CALENDAR

9/8/19

Primary Care and Beyond:
Who You Gonna Call? (Your
PCP and Her Specialty Team)

1/12/20

Our Minds as We Age:
Promoting and Preserving
Brain Health

4/19/20

(3rd Sunday)
Beyond Decluttering:
When Collecting
Becomes A Problem

10/13/19

You Good?
Family Conversations
on Mental Health

2/9/20

Don't Believe Everything
You Read: Decoding Medical
Data and Research

5/17/20

(3rd Sunday)
Sitting is the New Smoking:
Let's Get Moving!

11/10/19

Adulthood Vaccines:
Not Just for Kids

3/8/20

(Daylight Savings)
Racism, It's Bad for Your
Health: Counteracting
it's Impact

6/14/20

Benefits of Laughter

12/8/19

Helping your Pennies
Add Up: Financial Literacy
& Empowerment

NEW TOPICS EVERY YEAR. REFRESHMENTS WILL BE PROVIDED.