## New Program: Spanish-Speaking Grief Group for Children and Teens



**HEART***play*<sup>sM</sup> is a bereavement program which offers support services **in Spanish** with **native Spanish speaking clinicians** for children, teens and young adults of all abilities who are coping with the life-limiting illness or death of an important person in their lives. Licensed mental health counselors and expressive therapists use movement, music, art, play, and discussion to help participants explore and express feelings associated with grief and loss. Participants honor their person, learn about the grieving process, and connect with peers who have experienced a similar loss. We strive to offer programs and services that are trauma-informed and responsive to the needs of families in our communities.

## ALL PROGRAMS OFFERED AT NO COST TO ALL PARTICIPANTS.

## 2022 Group Dates:

Saturdays 10am-12pm All Ages Welcome

> January 8, 2022 February 12, 2022 March 12, 2022 April 9, 2022 May 14, 2022

All groups are held on Zoom until further notice and will be led by Spanish-Speaking Grief Counselors.

Zoom invitations are emailed to all registered participants prior to the start of each group meeting.

New participants, register here:

heartplayprogram.org/registration

## Questions, contact: Jennifer Wiles, HEARTplay Director

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This program is made possible by the generous support of:

