How do I talk to my kids about drug and alcohol use? My mom is prescribed oxys for her pain. Should I take it for my headache?

Community Discussion Series:

## How to Talk with Young People About Substance Use

6:15 p.m. - 7:30 p.m.

## **Dates & Locations:**

March 20 Russell Youth Center | 680 Huron Ave.

**April 3 Gately Youth Center | 70 Rindge Ave.** 

**April 24 Moses Youth Center | 243 Harvard St.** 

May 8
Frisoli Youth Center | 61 Willow St.

May 22 Moore Youth Center | 12 Gilmore St.



**Be a prepared caregiver and mentor: Learn about the strength of our teens!** Join Cambridge Youth Programs and the Cambridge Public Health Department for a night of learning and discussion. Open to all Cambridge caregivers, role models, and families with young people, especially teens.

Dinner will be provided. Childcare must be requested 48 hours before event.

Please contact Kaitlyn Kelley by email (kakelley@cambridgema.gov) to request childcare and Deanna Wu (dewu@challiance.org) for questions.

The City of Cambridge does not discriminate on the basis of age, race, creed, color, national origin, gender, sexual orientation or disability. The Department Of Human Service Programs will provide auxiliary aids and services, written materials in alternative languages, and reasonable modification on policies and procedures to qualified individuals upon the request. TTY/TDD (617)492-0235



