



# What Should I Do?

## GUIDANCE FOR STUDENTS, EMPLOYEES & VISITORS

Updated: January 4, 2021

You may NOT come to school or enter a CPS building if you have COVID-19 or may potentially have COVID-19. Please use this resource to understand what you should do in different scenarios.

### ★ START HERE ★

#### Do I Have 1 or More of These Symptoms of COVID-19?

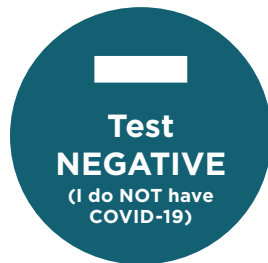
- Fever above 100.0° F, chills, or shaking chills
- Cough (not due to other known cause)
- Difficulty breathing or shortness of breath
- New loss of taste or smell
- Sore throat
- Headache *when in combination with other symptoms*
- Muscle aches or body aches
- Nausea, vomiting, or diarrhea
- Fatigue *when in combination with other symptoms*
- Nasal congestion or runny nose (not due to other known causes) *when in combination with other symptoms*



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**YOU SHOULD BE TESTED FOR COVID-19**



- Return to school when symptoms have been gone for 24 hours (without use of fever-reducing medication)

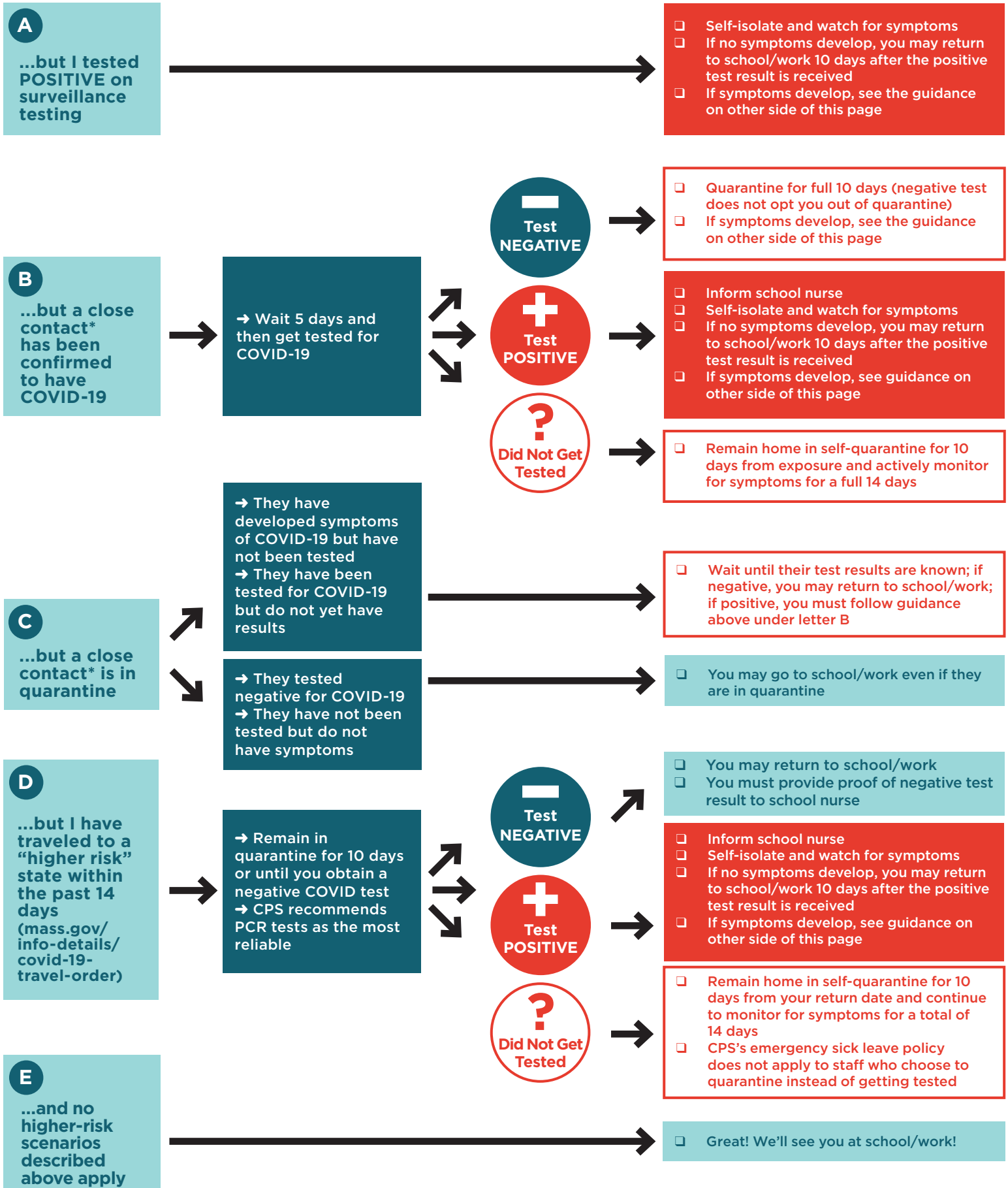


- If test was not performed at school, inform school nurse
- Self-isolate for at least 10 days from symptom onset and until at least 24 hours have passed with no fever (without use of fever-reducing medication) and resolution of other symptoms
- Return to school as per Public Health guidance in your town of residence



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# I Do NOT Have Symptoms...



\*Close contact is defined as being **closer than 6 feet away** from a person who has COVID **for a total 15 minutes** per day during the time period **when they were contagious**. People with COVID are contagious for up to 2 days before they show symptoms or test positive. CDC definition of close contact: [http://bit.ly/cdc\\_closecontact](http://bit.ly/cdc_closecontact)