



What Should I Do?

GUIDANCE FOR STUDENTS, EMPLOYEES & VISITORS

Updated: October 23, 2020

You may NOT come to school or enter a CPS building if you have COVID-19 or may potentially have COVID-19. Please use this resource to understand what you should do in different scenarios.

★ START HERE ★

Do I Have 1 or More of These Symptoms of COVID-19?

- Fever above 100.0° F, chills, or shaking chills
- Cough (not due to other known cause)
- Difficulty breathing or shortness of breath
- New loss of taste or smell
- Sore throat
- Headache *when in combination with other symptoms*
- Muscle aches or body aches
- Nausea, vomiting, or diarrhea
- Fatigue *when in combination with other symptoms*
- Nasal congestion or runny nose (not due to other known causes) *when in combination with other symptoms*

NO

see other side of page →

YES

I AM...

AT HOME

→ Stay home + get tested

A STUDENT AT SCHOOL

→ Notify nurse + go to Get Well Room until picked up
→ May get tested with parent/caregiver permission

STAFF AT SCHOOL/WORK

→ Arrange coverage & go home as quickly as possible
→ May request test from nurse before leaving

I tested **NEGATIVE**
(I do NOT have COVID-19)

- Return to school when symptoms have been gone for 24 hours (without use of fever-reducing medication)

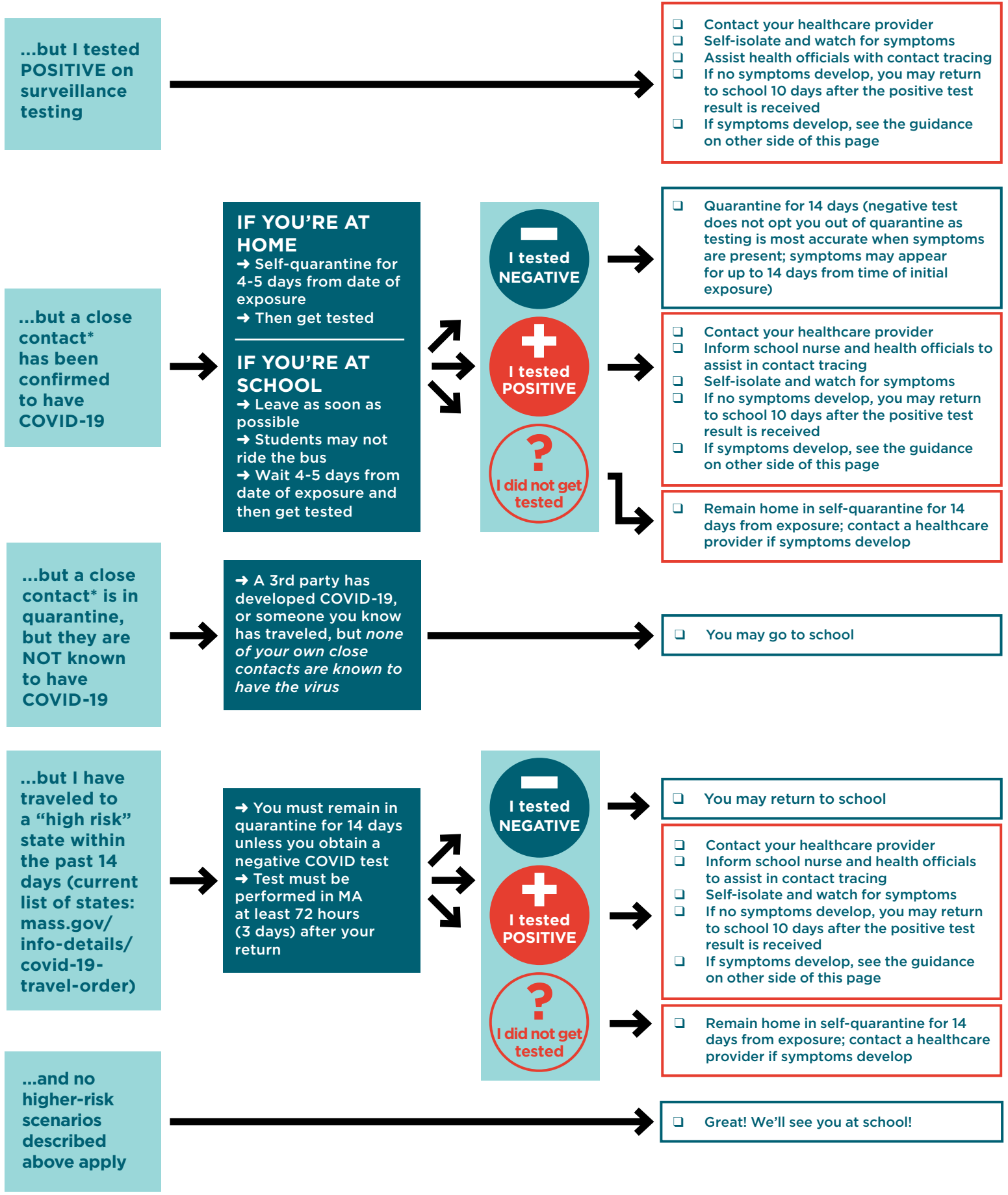
I tested **POSITIVE**
(I DO have COVID-19)

- Contact your healthcare provider
- If test was not performed at school, inform school nurse
- Cooperate with contact tracing
- Self-isolate for at least 10 days from symptom onset and until at least 24 hours have passed with no fever (without use of fever-reducing medication) and resolution of other symptoms
- Return to school as per Public Health guidance in your town of residence

I did not get tested

- Notify school/department (will be out sick or will work remotely)
- Self-isolate for at least 10 days from symptom onset and until at least 24 hours have passed with no fever (without use of fever-reducing medication) and resolution of other symptoms

I Do NOT Have Symptoms...



*Close contact is defined as being **closer than 6 feet away** from a person who has COVID **for a total 15 minutes** per day during the time period **when they were contagious**. People with COVID are contagious for up to 2 days before they show symptoms. If they did not have symptoms but tested positive, they may have been contagious up to 2 days before they were tested.