

NUTRITION POLICY

WHEREAS, healthy eating patterns are essential for students to achieve their full academic potential, fully physical and mental growth and lifelong health and well-being, it should be the policy of the Cambridge Public Schools that the School Nutrition policy be as follows:

- The Cambridge Public Schools will ensure that no student in the Cambridge Public Schools need go hungry while in school.
- The Cambridge Public Schools will ensure that an economically sustainable meal program that provides a nutritious breakfast and lunch is available to every student at every school so that students are prepared to learn to their fullest potential.
- The Food Service Department will provide nutritious snacks to eligible school based after school programs and will also encourage other agencies to offer after school programs in the Cambridge schools to provide a nutritious snack that meets the Cambridge Public Schools Health Food and Beverage guidelines.
- The Cambridge Public Schools will include nutrition education in its health education curriculum in alignment with the state Curriculum Frameworks. The Cambridge Public Schools shall also strive to integrate eating experiences, gardens and nutrition education in to the core academic curriculum as appropriate.

Adopted: March 2, 2006

