


















# Cambridge Public Schools

## Elementary Lunch Menu



2010



Monday	Tuesday	Wednesday	Thursday	Friday												
<p><b>1</b> Baked Chicken Patty on a Bun Baked Local Squash Pineapple Chunks Fresh Fruit Milk</p> 	<p><b>2</b> Tuna Salad Sandwich Homemade Lentil Soup Baked Nacho Chips Peaches Fresh Fruit Milk</p> 	<p><b>3</b> Macaroni Beef &amp; Tomatoes Wheat Bread Carrots Pears Fresh Fruit/ Milk Alternate Veggie Burger</p>	<p><b>4</b> Jumbo Taco Lettuce, Tomato &amp; Cheese Green Beans Pears Fresh Fruit Milk</p> 	<p><b>5</b> Cheese Pizza Pepperoni Pizza or Chicken Caesar Salad Fresh Green Salad Fresh Fruit Milk</p> 												
<p><b>8</b> Meatball Sub Peas Pretzels Mixed Fruit Fresh Fruit Milk</p> 	<p><b>9</b> Grilled Chicken Fajitas Peppers &amp; Onions Spanish Brown Rice Pineapple Chunks Fresh Fruit Milk</p> 	<p><b>10</b> Grilled Cheese Marie's Haitian Soup Peaches Fresh Fruit Milk Alternate Veggie Burger</p> 	<p><b>11</b> Cheeseburger on a Bun Baked Sweet Potato Fries Apple Slices Fresh Fruit Milk</p> 	<p><b>12</b> Cheese Pizza Pepperoni Pizza or Chicken Caesar Salad Fresh Green Salad Fresh Fruit Milk</p> 												
<p><b>15</b> Holiday No School</p> <p>Washington and Lincoln's Birthday</p> 	<p><b>16</b> Vacation No School</p>	<p><b>17</b> Vacation No School</p> 	<p><b>18</b> Vacation No School</p>	<p><b>19</b> Vacation No School</p> 												
<p><b>22</b> Baked Chicken Nuggets Wheat Bread Green Beans Mixed Fruit Fresh Fruit Milk</p> 	<p><b>23</b> Macaroni &amp; Cheese Carrots Peaches Fresh Fruit Milk</p> 	<p><b>24</b> Breakfast for Lunch French toast sticks w/ syrup Sausage Potato Puffs Apple Sauce/ Milk Alternate Veggie Burger</p>	<p><b>25</b> Turkey Hot Dog on a Roll Vegetarian Baked Beans Pears Fresh Fruit Milk</p> 	<p><b>26</b> Cheese Pizza Pepperoni Pizza or Chicken Caesar Salad Fresh Green Salad Fresh Fruit Milk</p> 												
<p>6oz Orange or Apple Juice available at all meals Choices of milk are: Skim, 1% and Low Fat Chocolate Lactaid milk available upon request</p>	<p><b>Meal prices:</b></p> <table> <tr> <td><b>Breakfast</b></td> <td>\$1 .00</td> </tr> <tr> <td>Reduced</td> <td>\$ .30</td> </tr> <tr> <td><b>Lunch</b></td> <td>\$ 2.50</td> </tr> <tr> <td>Reduced</td> <td>\$ .40</td> </tr> <tr> <td><b>Milk</b></td> <td>\$ .35</td> </tr> <tr> <td>Reduced</td> <td>\$ .25</td> </tr> </table>	<b>Breakfast</b>	\$1 .00	Reduced	\$ .30	<b>Lunch</b>	\$ 2.50	Reduced	\$ .40	<b>Milk</b>	\$ .35	Reduced	\$ .25			
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**ALTERNATES FOR THE MONTH: PB\*, PB & J SANDWICH\*, PB & FLUFF SANDWICH\* (Tuesday & Thursday Only)**

or 2-4oz YOGURTS W/ GRAHAM CRACKERS or A CHEESE SANDWICH

\* DEPENDING ON AVAILABILITY, SANDWICHES MAY CONTAIN PEANUT BUTTER OR SUNFLOWER BUTTE

ALL STUDENTS ARE WELCOME TO ALL FRUITS AND VEGETABLES - - MENU SUBJECT TO CHANGE

FRESH FRUIT: Apples, Bananas, Oranges and Pears - Seasonal fruit when available.

Questions or comments please call Jack Mingle or Dan Evans @ (617) 349-6858 E-mail: JMingle@CPSD.US

