

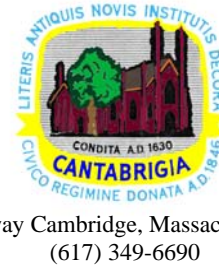
# CAMBRIDGE PUBLIC SCHOOLS

HEALTH, PHYSICAL EDUCATION AND ATHLETICS

ROBERT MCGOWAN, COORDINATOR

MARYANN C. CAPPELLO, PROGRAM LEADER FOR ATHLETICS

MOANA BENTIN & ELAINE O'REILLY, Co. PRESIDENTS, FOCA



459 Broadway Cambridge, Massachusetts 02138  
(617) 349-6690

TO: Prospective Student-Athlete  
FROM: Cambridge Rindge & Latin Athletic Department and Friends of Cambridge Athletics  
RE: Athletic programs offered by Cambridge Rindge & Latin

A full and varied athletic program is available at CRLS. The School Department follows the guidelines of State Chapter 622 regarding participation by boys and girls in athletics. Students are encouraged to participate on a wide range of CRLS interscholastic teams.

Prior to any athletic participation students **must**:

- **submit to the CRLS athletic department the week of August 17<sup>th</sup>** a pre-participation physical screening (or copy of physical from doctor) is valid up to thirteen months after the date signed by the Physician. Athletes **WILL NOT** be allowed to try out or practice until they submit this form. If you do not have health insurance, you may call the Teen Health Center @ CRLS (617) 349-6719 for assistance.
- **submit to the CRLS athletic department the week of August 17<sup>th</sup> a signed CRLS parent-consent form.** Athletes will **NOT** be allowed to try out or practice until they submit this form to the team coach on the try-out dates.
- attend the **mandatory** CRLS Athletic meeting for both parent(s)/guardian(s) and student-athletes. This will be held September 16, 2009. Further information will be provided at the start of school regarding this meeting.
- Read the CRLS Rules, Regulations and Guideline Booklet, sign the back page and return it to his/her coach. **No athlete** will be permitted to participate in an interscholastic athletic contest that has not submitted this signed page to his/her coach.

CRLS has made increases to the academic guideline requirements established by the Massachusetts Interscholastic Athletic Association (MIAA) regarding student participation on interscholastic teams. To participate on a team a student must be carrying a full load of courses, which is equal to four in our case. Students must pass 3 of 4 (letter graded) classes, have an overall GPA of 70 or greater, and if enrolled in Physical Education or Dance course receive a passing grade. Passing work must be done prior to and during the season. All coaches will explain these guidelines in detail at the mandatory athletic meeting and at the start of each season.

## Fall Sports

**Season begins August 27<sup>th</sup> with football beginning on August 24<sup>th</sup>.** Please contact the Head Coach of the sport that interests you!

### Sport

### Head Coach

|                         |                   |                        |
|-------------------------|-------------------|------------------------|
| Girls Cross Country     | Garrett Tingle    | gt_cambridge@yahoo.com |
| Boys Cross Country      | Scott Cody        | 617-491-4638           |
| Cheerleading (Football) | Vacant            |                        |
| Football                | Joe Papagni       | 617-257-8387           |
| Golf (co-ed)            | Joseph Pagliaro   | 617-926-1353           |
| Boys Soccer             | Andrew Rollins    | 203-494-2169           |
| Girls Soccer            | Janet Goldman     | coachjanet@gmail.com   |
| Girls Volleyball        | Kelley Leary      | 617-852-26431          |
| Learn to Row            | Dale Wickenheiser | 617-666-0557           |
| Learn to Sail           | Tom Soisson       | 617-584-206            |

## **Winter Sports**

Season begins **Monday, November 30th** for all sports. Information regarding individual team meetings will be on flyers around CRLS and in the Did You Know approximately a month before the season begins.

### **Sport**

Boys Basketball  
Girls Basketball  
Cheerleading (Basketball)  
Cheerleading (Hockey)  
Gymnastics (co-ed)  
Boys Ice Hockey  
Girls Ice Hockey  
Boys Indoor Track  
Girls Indoor Track  
Co-ed Swimming  
Wrestling

### **Head Coach**

Lance Dottin  
Dana Ellcock  
Vacant  
Debbie Gentile  
Julie Haddad  
David Fimiani  
Kevin Mitrano  
Scott Cody  
Garrett Tingle  
Rob Winograd  
Roy Howard

## **Spring Sports**

Season begins **Monday, March 15th** for all sports. Information regarding individual team meetings will be on flyers around CRLS and in the Did You Know approximately a month before the season begins.

### **Sport**

Baseball  
Boys Crew  
Girls Crew  
Boys Lacrosse  
Girls Lacrosse  
Boys Outdoor Track  
Girls Outdoor Track  
Sailing  
Softball  
Boys Tennis  
Girls Tennis  
Boys Volleyball

### **Head Coach**

Michael Caron  
Dale Wickenheiser  
Dale Wickenheiser  
Josh Wood  
Nancy Lockwood  
Scott Cody  
Garrett Tingle  
Thomas Soisson  
Paul DeVecchio  
Ward Gay  
Laurance Kimbrough  
Kelley Leary

For additional information and athletic forms please log onto our website: [www:CPSD.us/crls/athletics](http://www:CPSD.us/crls/athletics)

**Please mail all athletic forms or hand deliver by the week of August 17<sup>th</sup> to:**

Maryann C. Cappello  
Program Leader for Athletics/Athletic Dept.  
CRLS  
459 Broadway  
Cambridge, Mass. 02138  
617-349-6691