

**Health Office  
Vassal Lane Upper School**

April 27, 2015

Dear Parent/Guardian,

Every year the state requires all school nurses to complete postural screening on students in grades 5 through 8. This brief examination lets us look your child's back to make sure the spine (backbone) is growing properly. The screening for upper school students will be between May 6 and May 22. Mr. Burgess, the physical education teacher, will help to complete this screening during his classes.

Most students show no problems. I will ask you to see a doctor as a precaution only if I find anything unusual. To help us with the screening, please ask your daughter to wear a lightweight top the day of her examination.

If your son or daughter had a recent postural examination at the doctor's office or will see the doctor within the next month, please send a note from the doctor to me. In this case, your son or daughter will not need another examination at school.

Please sign the bottom of this letter, and return it to school **only if you do not want your child to be screened**. Feel free to call me at 617-349-6600 x295 or email me at [masegraves@challiance.org](mailto:masegraves@challiance.org) with any questions about the screening or have special concerns.

Yours truly,

Mary-Margaret Segraves, Ph. D., RN  
School Nurse, Tobin Montessori School  
617-349-6600 x295  
[masegraves@challiance.org](mailto:masegraves@challiance.org)

**Please sign and return to the school nurse only if you do NOT want your child to be screened. Kindly ask your pediatrician to send a report of last postural screening.**

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**Student's name (please print)**

**Parent Signature**

**Date**