## What is your child's MINDSET?

Fixed Mindset: "This is hard because I'm not smart." Growth Mindset: "This is hard because I'm learning!"

## How can Upper School Parents Support Children to Develop a Growth Mindset? Wednesday, November 19, 8:00 AM VLUS, 197 Vassal Lane The VLUS Library

Join our facilitated discussion based on the work of Carol Dweck, PhD. Learn about Mindset before the workshop by:

- Reading *Mindset: the New Psychology of Success* by Carol Dweck, PhD., or
- 2) Looking at the Mindset website at http://mindsetonline.com/, or
- Listening to Carol Dweck's interview on Tech Nation see link in #5
- 4) Coming to the workshop and reading a summary available in English, Haitian-Creole, Portuguese, Spanish, Chinese, Amharic and Arabic.
- 5) All of these resources and more available at <u>https://sites.google.com/a/cpsd.us/pfeyman2/home/workshops-</u>2014-2015/mindset-workshop

## Light refreshments will be provided.

Co-hosted by Vassal Lane Upper School and the Office of Academic Challenge and Enrichment

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