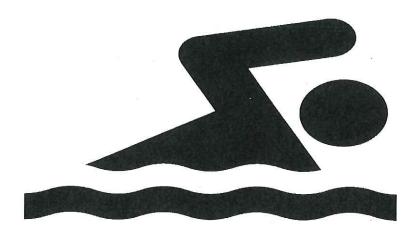


FOR YOUTH DEVELOPMENT FOR HEALTHY LIVING FOR SOCIAL RESPONSIBILITY

Learn to Swim!



The Cambridge YMCA is proud to offer swimming programs for all members of your family, for any age and ability level, infants all the way to seniors! The Cambridge Y's friendly and enthusiastic aquatics staff focuses on safety, stroke development, and personal growth in each swim level. Programs are offered throughout the week at convenient times for busy families.

<u>Ages</u>

We offer parent-child classes for ages 6 months to 3 years, and independent classes for ages 3 to 6, 6 to 12, teens, and adults. We offer private lessons for all ages.

<u>When</u>

<u>Fall Two</u> classes meet November 12 through December 23. Registration is open. <u>Winter</u> classes meet January 3 through February 17. Registration opens December 5.

Contact

For more information please visit our website, <u>cambriqdeymca.orq</u> or contact Dana at <u>aquatics@cambymca.orq</u> or 617-661-9622 x 702.

Cambridge YMCA 820 Massachusetts Ave Cambridge, MA 02139 www.cambridgeymca.orq for SPPIDUE

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