



FOR YOUTH DEVELOPMENT  
FOR HEALTHY LIVING  
FOR SOCIAL RESPONSIBILITY

## Learn to Swim!



The Cambridge YMCA is proud to offer swimming programs for all members of your family, for any age and ability level, infants all the way to seniors! The Cambridge Y's friendly and enthusiastic aquatics staff focuses on safety, stroke development, and personal growth in each swim level. Programs are offered throughout the week at convenient times for busy families.

### Ages

We offer parent-child classes for ages 6 months to 3 years, and independent classes for ages 3 to 6, 6 to 12, teens, and adults. We offer private lessons for all ages.

### When

Fall Two classes meet November 12 through December 23. Registration is open.  
Winter classes meet January 3 through February 17. Registration opens December 5.

### Contact

For more information please visit our website, [cambridgeymca.org](http://cambridgeymca.org) or contact Dana at [aquatics@cambymca.org](mailto:aquatics@cambymca.org) or 617-661-9622 x 702.

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*Approved  
C. U. ink  
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