

MANY HELPING HANDS

# MLK DAY OF SERVICE

A DAY OF SERVICE FOR THE ENTIRE COMMUNITY

DONT COME EMPTY HANDED

Bring a can of food, gently used winter clothing or a children's book.

Come make fleece scarves, blankets, valentines and sort food, clothing and more for those in need.

ALL AGES WELCOME!



16 JANUARY MONDAY 2-5 P M CAMBRIDGE CITY HALL

*Approved by MLK 01/10/17*

JULIAN WARBUTON, CAMBRIDGE KINDER & LATIN CULTURE DESIGN PROGRAM

Register early at:  
[www.manyhelpinghands365.org](http://www.manyhelpinghands365.org)  
Email:  
[manyhelpinghands365@gmail.com](mailto:manyhelpinghands365@gmail.com)





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*Approved  
C. J. York 01-10-17*

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CAMBRIDGE  
CITY HALL**

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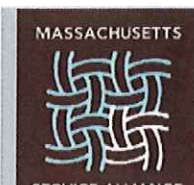
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JARYD WALLACE, CAMBRIDGE RINDGE & LATIN, CREATIVE DESIGN PROGRAM





**We will be making** fleece blankets and scarves for the homeless, valentine cards for homebound seniors and veterans, bookmarks for literacy projects, emergency room activity kits for children, **and sorting** donated toiletries, clothes, food and books

All ages welcome!

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Please bring either

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Also check out the Cambridge volunteering website!

making it easy for **you** to find ways to **lend a hand and make a difference** in the Cambridge community and to help local nonprofit organizations find the volunteers they need.

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**Many Helping Hands**

# Martin Luther King Day of Service 2017

a day of service for the entire community

Make a difference in the lives of others in the Cambridge community.  
We need everyone's helping hands

**Monday January 16**

2-5 pm

Central Square

<http://manyhelpinghands365.org>

**pre-register at** <http://manyhelpinghands365.org/registration-mlk/>



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By Milk  
10/11*



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## What We Did at Cambridge MLK Day of Service 2016

More than 2500 volunteers came together and in just three hours

### We made

- 183** Fleece blankets for homeless and at risk children and teens sheltered and aided by, *Transition House, Hildebrand Family Self-Help Center, New Day, Cross Street Shelter, Cambridge Multi-Service Center, Next Step, Our Place, Cambridge Family and Children Services and Youth on Fire.*
- 284** Fleece scarves for homeless children, teens and adults including for the approximately 70+ adults found sleeping on the street the night of the Cambridge Homeless Census on January 27, for homeless teens who visit the *Bridge Over Troubled Waters* medical van in Harvard Square and helped by *Youth on Fire and Y2Y*, and homeless adults helped by *CASPAR, First Church Shelter, Harvard Square Homeless Shelter, Heading Home, On the Rise, Chapel Street Shelter, WomanPlace* and for children aided at *Our Place, Hildebrand Family Self Help Center, Cambridge Family and Children Services and Transition House*
- 3424** Valentines cards for homebound Cambridge and Somerville elders served by *Meals on Wheels*, elders without family nearby (identified by *Cambridge Police Department, Cambridge Housing Authority, East End House, Cambridge Community Center and Margaret Fuller House*), elders at *Sancta Maria Nursing Facility, Windsor House* at the *Cambridge Senior Center* and at *Sancta Maria* and in Somerville, at *Cambridge Rehabilitation and Nursing Facility, Neville Center and Cadbury Commons*, homebound Cambridge residents who receive grocery deliveries from *Food for Free*, hospice patients at *Elizabeth Evarts deRhaum House*, Cambridge veterans, servicemen and women overseas, and wounded veterans recovering at the *Rogers Veterans Hospital* in *Bedford* and homeless women helped by *On the Rise, St. Patrick's Shelter, WomanPlace and Women's Lunch Place*
- 1,326** Activity kits for children waiting in the Emergency Rooms at *Cambridge Hospital, Mt. Auburn Hospital and Somerville Hospital*
- 1453** Bookmarks for adults and children in the literacy and ESL programs at *Cambridge Community Learning Center, The Literacy Project at Cambridge Public Library, Cambridge School Volunteers, Tutoring Plus and Breakthrough Cambridge*

### We sorted and donated

- 59** BIG bags of donated winter clothing -- Children's winter clothes were given to *Children's Clothing Exchange* Adult winter clothes were given to *On the Rise, CASPAR, Harvard Square Homeless Shelter, Heading Home School Street Shelter and Youth on Fire*
- 382** Bags of donated food for thirteen Cambridge food pantries and programs providing food to their clients (*Margaret Fuller Neighborhood House, Massachusetts Ave. Baptist Church Project Manna, St. Paul AME Church, St. James Church Pantry, CEOC, Cambridgeport Baptist Church Pantry, the Senior Center pantry, St. Peter's Church Pantry, East End House, Salvation Army Food Pantry, Pentecostal Tabernacle Food Pantry, Youth on Fire Pantry, Zinberg Clinic Pantry, Cambridge Community Center, Y2Y Pantry, St. Paul Catholic Church Food Pantry*)
- 56** Bags of donated children's books for *Cambridge Youth Centers (Area IV, Frisoli, Gately and Willis D. Moore), Cambridge Community Center, East End House, Margaret Fuller Neighborhood House, Transition House, the YWCA Family Shelter, the Cambridge Multi Service Center for the Homeless, and the Reach Out and Read programs at East Cambridge Health Center, Windsor Street Health Center, Cambridge Family Health Porter Square, Cambridge Family Health Inman Square, Harvard Vanguard and Cambridge Pediatrics at Cambridge Health Alliance)*
- 1,463** Bags of donated Toiletries plus extra boxes of soap, shampoo and bodywash for homeless teens and adults at *Bridge Over Troubled Waters, Youth on Fire, CASPAR, College Ave. Shelter, First Church Shelter, Harvard Square Homeless Shelter, Heading Home Shelter, New Day, On The Rise, WomanPlace*

**We truly had Many Helping Hands! Thank you to all who helped!**



## **Cambridge MLK Day of Service 2016 79 Organizations Served**

### **Food**

(382 bags of donated and sorted food given to 15 Cambridge food pantries and food programs)  
Cambridgeport Baptist Church Pantry  
Cambridge Community Center Pantry  
CEOC Food Pantry  
East End House Food Pantry  
Harvard Square Homeless Shelter  
Margaret Fuller Neighborhood House Food Pantry  
Pentecostal Tabernacle Food Pantry  
St. Paul AME Church Pantry  
St. James Helping Hand Church Pantry  
St. Peter's Church Common Care Pantry  
Salvation Army Food Pantry  
Senior Center Pantry  
Youth on Fire  
Y2Y  
Zinberg Clinic Pantry

### **Bookmarks**

(1463 bookmarks made on MLK Day given to 9 literacy and tutoring programs)  
Cambridge Community Learning Center  
Cambridge Community Center  
City Links  
East End House  
Margaret Fuller Neighborhood House  
The Literacy Project at Cambridge Public Library  
Tutoring Plus  
Breakthrough Cambridge  
Cambridge School Volunteers

### **Emergency Room Activity Kits**

(1326 activity kits made on MLK Day for children waiting in hospital emergency rooms given to 3 hospitals)  
Cambridge Hospital  
Mt. Auburn Hospital  
Somerville Hospital

### **Books**

(56 bags of donated and sorted books given to 18 organizations)  
All Cambridge Youth Centers  
Moses  
Frisoli  
Gately  
Russell  
Willis D. Moore  
Cambridge Community Center  
Cambridge Multi-Service Center for the Homeless  
Reach Out and Read programs at  
East Cambridge Health Center  
Windsor Street Health Center  
Cambridge Family Health Porter Square  
Cambridge Family Health Inman Square  
Cambridge Pediatrics Cambridge Health Alliance  
Harvard Vanguard Health Center  
YWCA Family Shelter  
East End House  
Margaret Fuller Neighborhood House  
Pentecostal Tabernacle  
Cambridge School Volunteers

### **Winter Clothes** (59 BIG bags of donated and sorted clothes given to 7 organizations)

CASPAR  
Children's Clothing Exchange  
Harvard Square Homeless Shelter  
Heading Home School Street Shelter  
On the Rise  
Youth on Fire  
Y2Y



**Valentines Cards** (3424 Valentine Cards made on MLK Day given through 26 organizations helping elders, veterans, the ill and homeless and hand delivered to hundreds of elders living alone)  
 Cadbury Commons Alzheimers Unit  
 Cambridge Homes  
 Cambridge Hospital  
 Cambridge Rehabilitation and Nursing Center  
 Cambridge Veterans Services  
 CASPAR  
 Community Servings (Cambridge residents)  
 Elizabeth Evarts deRhaum House (Hospice)  
 Food for Free  
 GROW House  
 Isolated elders identified by Cambridge Police  
 Department and Cambridge Housing Department  
 HAGAN Manor  
 Harvard Square Homeless Shelter  
 Meals-on-Wheels (Somerville-Cambridge Elder Services)  
 Mens Residences (CASPAR)  
 New Day  
 On the Rise  
 Operation American Soldier  
 Rogers Veterans Hospital, Bedford  
 Sancta Maria Nursing Facility  
 Windsor House at Cambridge Senior Center  
 Windsor House at Sancta Maria  
 Women's Place (Russell Street)  
 Youth on Fire  
 Y2Y  
 YWCA Cambridge –Tanner Residence

**Blankets**

(183 handmade fleece blankets made on MLK Day given to 11 organizations sheltering and helping homeless and at risk children)  
 Agenda for Children  
 Baby University  
 Cambridge Family and Childrens Services  
 (Foster Children in Cambridge)  
 Cambridge Public Health Department  
 Center for Families  
 Cross Street Family Shelter  
 Hildebrand Family Self-Help Center  
 New Day  
 Next Step House  
 Our Place  
 YWCA Family Shelter

**Scarves**

(284 handmade fleece scarves given to 18 organizations helping homeless children, teens and adults)  
 Bridge Over Troubled Waters  
 (Harvard Square Medical Van)  
 City of Cambridge Homeless Outreach Project  
 City of Cambridge Multi Service Center for the Homeless  
 CASPAR  
 Chapel Street Shelter  
 Cross Street Shelter  
 First Church Shelter  
 Harvard Square Homeless Shelter  
 Heading Home  
 Hildebrand Family Self-Help Center  
 On the Rise  
 Our Place  
 Salvation Army  
 St. Patrick's Shelter  
 Transition House  
 Youth On Fire  
 Y2Y  
 YWCA Family Shelter

**Toiletry Kits**

(1463 bags of toiletries donated by every Cambridge hotel given to 14 organizations helping homeless teens and adults)  
 Bridge Over Troubled Waters  
 (Harvard Square Medical Van)  
 CASPAR  
 Chapel Street Shelter  
 First Church Shelter  
 The Guidance Center  
 Harvard Square Homeless Shelter  
 Heading Home – School Street Shelter  
 On the Rise  
 Russell Street Shelter  
 Salvation Army  
 The Guidance Center, Inc.  
 Women's Lunch Place  
 Youth On Fire  
 Y2Y