

Bullying Prevention Concept Matrix

Key Concepts	K	1/2	3/4	5/6	7/8	9-12
What is a friend??	X	X	X	X	X	X
Friendship begins with respect.	X	X	X	X	X	X
What is bullying?	X	X	X	X	X	X
What are the different forms bullying can take?	X	X	X	X	X	X
What are our rules regarding bullying?	X	X	X	X	X	X
What can you do if bullying happens to you?	X	X	X	X	X	X
Who can you talk to if you see or experience bullying?	X	X	X	X	X	X
How to be a positive bystander.	X	X	X	X	X	X
How to support someone who is being bullied.	X	X	X	X	X	X
How to include students who are often excluded in activities.	X	X	X	X	X	X
Telling vs. tattling (or snitching)	X	X	X	X	X	X
Exclusion as a form of bullying	X	X	X	X	X	X
How to stand up for yourself by being assertive.	X	X	X	X	X	X
Understanding power and power imbalances.	X	X	X	X	X	X
Difference between teasing and bullying.		X	X	X	X	X
Ways to resist peer pressure to participate in bullying others?			X	X	X	X
What is electronic/cyber bullying?			X	X	X	X
What are the different roles students can take in a bullying situation?			X	X	X	X
Anti-gay name-calling and harassment.			X	X	X	X
Dynamics of bullying and cyber-bullying.				X	X	X
What is sexual harassment?				X	X	X
What is sexting?				X	X	X
Different forms sexual harassment can take?				X	X	X

Bullying Prevention Resources

Education.com Bullying at School and Online

Video clips, activities, information and discussion about a variety of aspects of bullying. Includes Spanish translations of many resources.

<http://www.education.com/topic/school-bullying-teasing/>

The Kinder and Braver World Project

Current research related to youth meanness and cruelty.

<http://cyber.law.harvard.edu/node/7491>

Massachusetts Aggression Reduction Center (MARC)

Includes links to research and free resources for educators and parents. Evidence based and evaluated annually.

<http://webhost.bridgew.edu/marc/index.html>

MARC Recommended Book List <http://webhost.bridgew.edu/marc/books.html>

Springfield (MA) Public Library

Resources for parents, kids and teens. Includes annotated book lists and web links.

<http://www.springfieldlibrary.org/reading/bullies.html>

Stopbullying.gov

Resources for teachers and parents on bullying prevention and intervention.

<http://www.stopbullying.gov/index.html>

Stop Bullying Now

Presents practical research-based strategies for reducing bullying in schools.

<http://www.stopbullyingnow.com/index.htm>

Teaching Tolerance

A place for educators to find thought-provoking news, conversation and support for those who care about diversity, equal opportunity and respect for differences in schools.

<http://www.tolerance.org/>